

Master of Acupuncture and Herbal Medicine (MAcHM)

CURRICULUM BY DEPARTMENTS

Department of Theoretical Foundations

T101	Chinese Medical Terminology	2	30
T102	Oriental Medicine I	3	45
T103	Oriental Medicine II	3	45
T104	History of Chinese Medicine	2	30
T105	Clinical Ethics and Safety	2	30
T201	Patterns of Disease I	3	45
T202	Patterns of Disease II	3	45
T203	Medical Qi Gong	2	30
T204	Case Management	2	30
T301	Internal OM I	3	45
T302	Internal OM II	3	45
T401	Internal OM III	3	45
T402	Internal OM IV	3	45
T403	Classics of Oriental Medicine	3	45
T404	Practice Management	3	45
Total		40	600

Department of Biomedicine

B101	History & Philosophy Medicine	1	15
B102	Western Medical Terminology	1	15
B103	Biology	3	45
B104	Chemistry	3	45
B105	Physics	2	30
B106	Functional Anatomy/Kinesiology	3	45
B201	Anatomy & Physiology I	3	45
B202	Anatomy & Physiology II	3	45
B203	Clinical Psychology	3	45
B302	Physical Examination	2	30
B303	Pharmacology	3	45
B304	Western Nutrition	2	30
B401	Survey of Clinical Practices	1	15
B402	East-West Research	2	30
B403	Patho physiology I	3	45
B404	Patho physiology II	3	45
B405	Patho physiology III	3	45
Total		41	615

Department of Acupuncture

A100	Introductory Acupuncture	2	30
A101	Acu-Points I	3	45
A102	Acu-Points II	3	45
A201	Acu-Points III	3	45
A202	Acu-Points IV	3	45
A203	Techniques of Acu-Moxa	2	30
A301	Acupuncture Microsystems	2	30
A302	Tui Na	3	45
A303	Acupuncture Orthopedics	3	45
A401	Advanced Techniques	2	30
A402	Advanced Point Combination	2	30
Total		28	420

Department of Clinical Medicine

C101	Clinical Theater	3	90
C102	Practitioner Observation	1	30
C103	Intern Observation	2	60
C201	Clinic Level I-Internship	9	270
C301	Clinic Level II-Internship	9	270
C401	Clinic Level III-Internship	9	270
C405	Clinical Externship	3	90
Total		36	1080

Department of Chinese Herbal Medicine

H101	Introductory Herbology	3	45
H102	Materia Medica I	3	45
H201	Materia Medica II	3	45
H202	Materia Medica III	3	45
H301	Dui Yao	3	45
H302	Chinese Dietary Therapy	2	30
H303	Herbal Formulas I	3	45
H401	Herbal Formulas II	3	45
H402	Herbal Formulas III	3	45
H403	Shang Han Lun	2	30
H404	Wen Bing	2	30
H405	Advanced Herbal Prescribing	3	45
H406	Clinical Pearls (Case Studies)	2	30
Total		35	525

Elective Courses (Optional)

Fundamentals of Bodyworks	7	105
Special Populations	2	30
Foot Reflexology	2	30
Trigger Points & Myofascial Release	3	45
Hawaiian Lomi Lomi	2	30
Sports Bodyworks	2	30
Shiatsu	1	15
Clinical Bodyworks	3	90

PROGRAM TOTALS:

Didactic 144 credits / 2160 hours

Clinical 36 credits / 1080 hours

MAcHM degree program with a specialization in Chinese Herbal Medicine

GRAND TOTAL: 180 CREDITS / 3240 HOURS

The Master of Acupuncture and Herbal Medicine Degree Program

The Institute of Clinical Acupuncture and Oriental Medicine (ICAOM) has created a comprehensive professional degree program that leads to a Master of Acupuncture and Herbal Medicine (MAcHM) Degree Program. The curriculum, totaling 3,240 hours (180 credits) of academic and clinical education, is designed to provide our students with a strong foundation in the theory, philosophy, and practice of Oriental Medicine, the various treatment modalities employed, as well as the biomedical model of health and disease. As students' progress through the curriculum, they gradually move towards becoming independent practitioners in this rapidly growing field of health care.

The academic portion of the program is composed of four sections: Theoretical Foundations, Acupuncture, Herbal Medicine, and Biomedicine. Altogether, these four areas of study give our students a broad base of knowledge and understanding that they will apply in the clinical program. By structuring the courses in this manner, we ensure that our students build a strong foundation and gain the necessary knowledge and skills to progress in their studies.

The Department of Theoretical Foundations covers basic through advanced theory, diagnosis, disease pattern discrimination, Internal Medicine, history and classical literature, Medical Qi Gong, ethics, and practice management. The faculty and administration here at the Institute of Clinical Acupuncture and Oriental Medicine believe that a solid foundation in these areas, is necessary for every student in order to build a strong foundation in the practice of Oriental Medicine, and we have created a structure of learning to accomplish this goal.

The Department of Acupuncture is designed to help students develop a deep knowledge and understanding of this ancient art that has become the hallmark of Oriental Medicine in the United States. It includes a comprehensive study of point location, channel theory, functions and indications of all the regular channel points, as well as many Extra or New points, the various techniques of Acupuncture and Moxibustion, Tui Na (bodywork or manual therapy), Microsystems of Acupuncture (such as ear, scalp, and hand), Acupuncture Orthopedics which integrates acupuncture training with a study of the treatment of muscular-skeletal disorders and concludes with courses in Advanced Point Combination.

The Department of Chinese Herbal Medicine is designed for each class to build upon the foundation of the previous classes. The Introduction to Herbology includes a study of botany and basic herbal theories; the study of Chinese Dietary Therapy also falls under this section, since herbs and foods are really part of the same continuum. The individual herbs are studied over three courses and involve a detailed study of over 300 different herbs, followed by the study of herb combinations (Dui Yao). Similarly, the study of complex Herbal Formulas is covered in three courses where students will learn at least 150 different formulas. Finally, students will deepen their herbal knowledge through the study of one of the most profound and influential classics, the Shang Han Lun and Wen Bing (Treatise on Cold Induced Disorders and Warm Febrile Disease).

The Department of Biomedicine in the program is intended to broaden the students' understanding of the structure and function of the human body, as well as aid in the integration of Oriental Medicine and Biomedicine. Increasingly, practitioners of Oriental Medicine are working

side by side with doctors of Biomedicine, and so it is important that students develop the ability to communicate between these two disciplines. This section includes a study of the History and Philosophy of Medicine, basic sciences including Biology, Chemistry, Nutrition, Anatomy, Kinesiology and Physiology. Advanced studies cover Pharmacology, Pathophysiology, Physical and Laboratory Assessment, Clinical Psychology, a Survey of Clinical Practices, Western Nutrition and Case Management. Concluding this section is a course on East-West Research Methodology.

Perhaps the most important part of the education at the Institute of Clinical Acupuncture and Oriental Medicine is the Department of Clinical Medicine's Internship program. It is here that all the knowledge students have accumulated is brought together ultimately leading to a greater understanding of what it means to be a healer. Throughout the clinical program, the students will become knowledgeable of the operations of a professional clinic, including case management, and gain valuable experience in all of the skills needed in the practice of Acupuncture and Oriental Medicine, thereby preparing them to become an independent practitioner. Our busy teaching clinic offers high-quality, low-cost health care to the community, under the supervision of some of the finest practitioners in the state of Hawaii.

The Institute of Clinical Acupuncture and Oriental Medicine may offer additional courses beyond the required core curriculum to enhance the education experience and offer the opportunity for further study in areas of personal interest, areas of specialization, as well as the chance to learn from experts in the field. Our offerings may include opportunities to diverse experiences at foreign hospitals and other universities of Traditional Chinese Medicine.

Public Notice

Institute of Clinical Acupuncture and Oriental Medicine and its following programs are accredited by the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM):

- (1) Master of Acupuncture and Herbal Medicine
- (2) Doctor of Acupuncture and Herbal Medicine
 - including a Doctor of Acupuncture and Herbal Medicine degree completion track

The programs listed above may offer courses via distance education.

ACAHM does not accredit any programs at the undergraduate/bachelor level.

Accreditation status and notes may be viewed on the [ACAHM Directory](#).

ACAHM is recognized by the United States Department of Education as the specialized accreditation agency for institutions/programs preparing acupuncture practitioners. ACAHM is located at 500 Lake Street, Suite 204, Excelsior, Minnesota 55331; phone 952/212-2434; <https://acahm.org>

Public Disclosure Statement Effective as of 14 November 2024